

# Green Bear Guidelines

## Online Safety Prevention

### Online Statistics

- Forty-five million children (10-17 years) use the internet.
- One in five children who use the internet have been sexually solicited.
- One in four children have seen unwanted pornography.



### Set Boundaries

When a child first has access to the internet, set clear boundaries. Whether it is a cell phone, computer or gaming device, assist your children in navigating safely.

### Keep Personal Information Private

Instruct children not to reveal personal information online such as their name, address, phone number (including landlines and cell), schedule, or school they attend.

### Contact Lists

Friends/contacts/buddies online should only be other kids they know *personally*. Instruct your children to inform you if an adult tries to contact through text, online or gaming devices, *even if they know them*.

### Online Images

Instruct children on appropriate vs. inappropriate photos to post online. General rule: “*Don’t post any images you wouldn’t want your grandma to see.*” Watch the images you as an adult post online as well.

### Parameters

Set clear parameters for length of time, types of sites and amount of interaction your children are allowed to participate in online.

### Disclosures Without Consequence

Inform your child if they get in an online situation where they do not feel safe, or they are in over-their-head, they should discuss concerns with you *without consequences*.