

# Playing it S.A.F.E.



## **Gender-Based Violence:**

Violence aimed at someone due to their biological sex or gender identity. While most gender-based violence is directed towards women and girls, it can affect men, boys, and those beyond the binary.

### **Why Should You Care?**

- In the US, 1 in 4 women will experience abuse in their lifetime
- 1 in 5 women and 1 in 71 men in the US have been raped in their lifetime

*Gender-based violence can happen to anyone regardless of their age, gender, sexuality, race, ethnicity, or religion.*

## **Examples of Gender-Based Violence**

- Gender roles and stereotypes
- Street harassment such as catcalling or groping
- Domestic violence such as physical, emotional, or psychological abuse
- Denying access to financial information such as checking or saving accounts
- Family violence such as child abuse
- Stalking
- Sexual assault or harassment
- Transphobia
- Homophobia
- Human trafficking

## **What Can You Do?**

**Everyone** can help in the fight against gender-based violence!

- Believe victims when they tell you what happened
- Learn more about gender-based violence
- Speak up and out when you hear racist, sexist, homophobic, and transphobic jokes
- Respect “no means no”
- Stop stereotyping men and women’s roles in society



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