

Many teens do not realize sexual violence is a crime.

It is a crime if anyone:

- Touches you in an inappropriate way
- Sends/asks you to send an inappropriate photo or message.

What Can You Do?

Realize what happened was NOT YOUR FAULT!

- DO NOT confront the abuser.
- Tell a grownup you trust what happened - use your HELP card or call 1.800.392.3738.

Types of Sexual Violence

- Quid Pro Quo: Rewards are offered in return for sexual favors (a higher grade in class or a starting position in an activity or sport).
- Threats: Can be made against the victim or their family's health and safety, may also be used to tell on them for doing something wrong (Drinking, smoking, etc.)
- <u>Self-Blame</u>: The primary reason a survivor does not disclose is because they blame themselves –Sexual violence is NEVER the victim's fault!!!

- Adaptive Indifference:
 Avoiding discussing what happened, the survivor does nothing so they can remain loyal to friends, dating partners and peers.
- Shame: Girls tend to not tell due to fear they will be blamed or gossiped about.
 Boys do not to tell due to fear they will be considered "less of a man" or exposed.



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