

Self-Worth

Know your own Worth

Self-worth is knowing that you are valuable, lovable, and of unimaginable worth. It is your understanding of your strengths and personal qualities. Your self-worth recognizes that you are YOU. There is no one else in the world like you - you are unique. In the spaces provided write a sentence about a time that you have displayed each of the following qualities.

» Courage

» Kindness

» Selflessness

» Determination

» Honesty

» Strength

Self-Worth

Know your Worth - Word Search

Find and circle all of the qualities of a person with self worth in the word search below.

L	E	A	D	E	R	S	H	I	P	R	S	H	U
F	G	N	C	O	U	R	A	G	E	D	O	T	D
N	E	N	E	E	Y	R	E	V	A	R	B	G	E
W	S	S	S	E	N	V	I	G	R	O	F	N	R
T	N	L	N	U	T	G	S	G	N	S	R	E	O
S	T	G	G	Y	T	N	E	Y	V	E	E	R	R
S	E	L	F	L	E	S	S	N	E	S	S	T	F
F	L	N	S	K	I	N	D	N	E	S	S	S	R
C	R	E	A	T	I	V	I	T	Y	R	I	A	L
E	E	A	S	G	R	A	T	I	T	U	D	E	H
N	E	D	R	N	T	R	H	B	L	D	G	O	M
U	R	D	S	E	T	E	A	M	W	O	R	K	F
I	D	E	T	E	R	M	I	N	A	T	I	O	N
S	E	C	H	O	N	E	S	T	Y	I	S	I	D

Find the Following Words in the Puzzle

DETERMINATION

LEADERSHIP

STRENGTH

BRAVERY

SELFLESSNESS

GRADITUDE

COURAGE

CREATIVITY

FORGIVENESS

KINDNESS

HONESTY

TEAMWORK